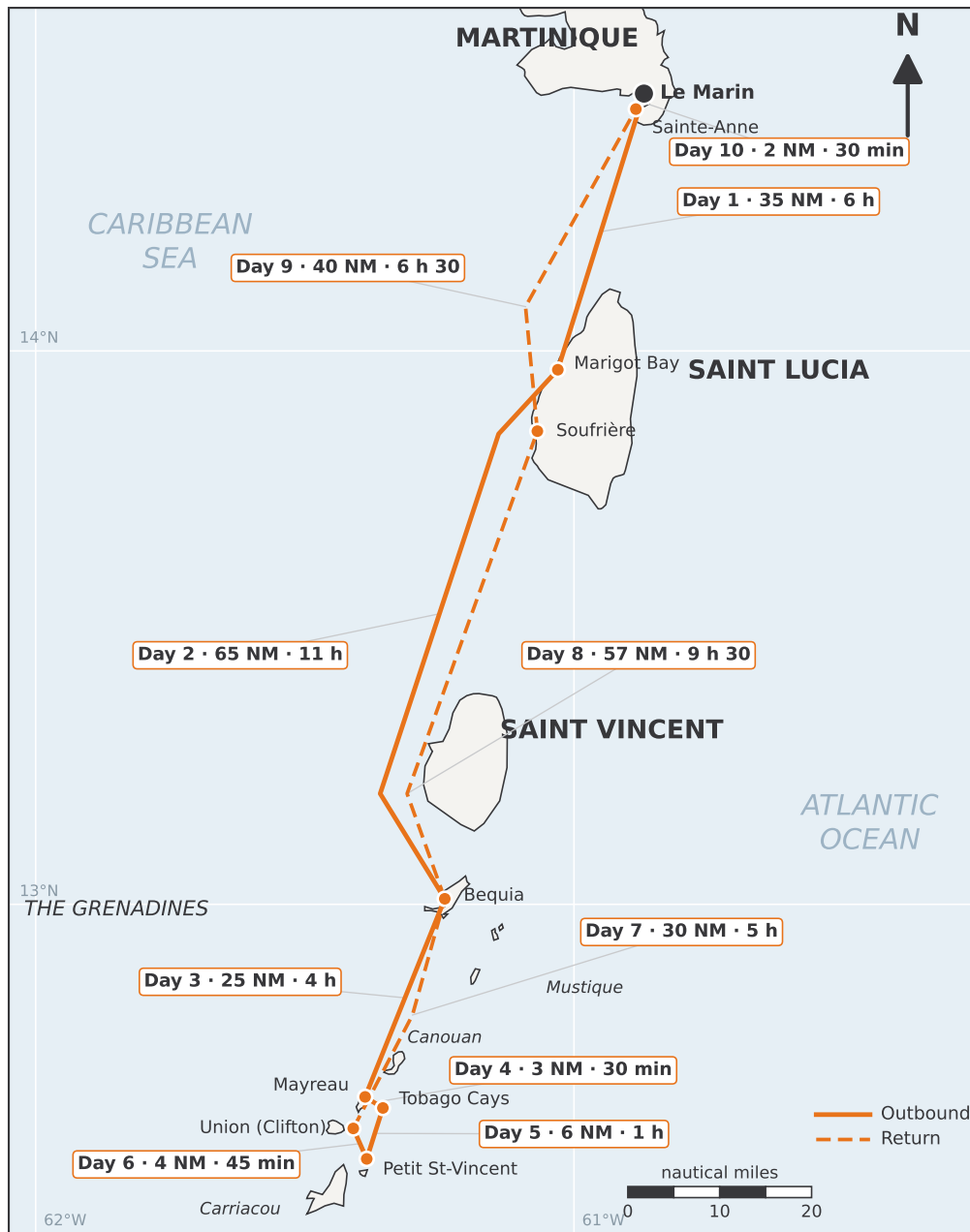


Sailing Times - Grenadines Cruise

Base: Le Marin · average speed 6 knots

"Grenadines" itinerary (MYC cruise ideas, 9-10 days, daytime sailing only).

Distances: great-circle between anchorages + 10% for the actual route, rounded to the nearest mile; time = distance / 6 knots.



Day	Leg	Distance	Time
Day 1	Le Marin → Marigot Bay	35 NM	6 h
Day 2	Marigot Bay → Bequia	65 NM	11 h
Day 3	Bequia → Mayreau	25 NM	4 h
Day 4	Mayreau → Tobago Cays	3 NM	30 min
Day 5	Tobago Cays → Petit St-Vincent	6 NM	1 h
Day 6	Petit St-Vincent → Union (Clifton)	4 NM	45 min
Day 7	Union (Clifton) → Bequia	30 NM	5 h
Day 8	Bequia → Soufrière	57 NM	9 h 30
Day 9	Soufrière → Sainte-Anne	40 NM	6 h 30
Day 10	Sainte-Anne → Le Marin	2 NM	30 min
Total itinerary		267 NM	44 h 30

Good to know

- Day 2 is the longest leg: leave at sunrise, or stop over at Wallilabou / Cumberland (Saint Vincent).
- No night sailing (sunset ≈ 6 pm).
- Clearance: Saint Lucia, Bequia (SVG), back in Martinique.

Indicative times, excluding weather and clearance.

Coastlines: Natural Earth 10m. Anchorage positions are approximate.